

Better Wellness · Better Life

# COCOON

wellness pro red™

## Benefits

Cocoon Wellness Pro RED delivers wellness and fitness benefits for optimized whole body health — whether it be weight management and weight loss goals, firming and toning, improved endurance and physical fitness, pain relief, enhanced mental acuity and focus or relaxing stress reduction.

## Featuring

Infrared Heat  
Red Chromolight Therapy  
Radiant Heat  
Red Ambient Lighting  
Oxygen Ready  
& Adjustable Cool Facial air

The Cocoon Wellness Pro RED is the newest most technologically advanced capsule from Wellness USA for exercise, fitness, spa and beauty services. The Cocoon Wellness Pro RED is recognized as the industry's most innovative capsules available today.

- Weight Loss & Weight Management
- Soothing Relaxation, Mental Focus & Concentration
- Fitness Endurance & Flexibility





## Relaxation & Mindfulness — Fitness & Wellness Renewal

**Cocoon Fitness POD™** sessions help create the perfect fitness & relaxation experience for optimum wellness renewal, rejuvenating meditation and other refreshing mindfulness benefits. The **Cocoon Fitness POD™** can help you feel and enjoy the vital connection between mind and body for improved mental focus and acuity. With soothing massage vibration, aromatherapy and peaceful calm, the Cocoon transforms every session into your own ultimate renewal wellness sanctuary. The built-in exercise system is designed for a lifetime of enjoyable fitness improvements and a healthy activity lifestyle.

### 15 Wellness Technologies in a Personal Fitness & IR Sauna POD

1. Dynamic Dual Dry Heat
2. Infrared Radiant Heat
3. Vibration Massage
4. Ergonomic Contour Bed
5. Cooling Face Air System
6. Aroma Therapy
7. Himalayan Pure Ionic Salt
8. Red & Blue Chamber Ambient Chromo-Lights
9. Fit-Bed™ Exercise System
10. 3 Pre-Set Programs
  - Low - Relax, Light Massage & Power Nap
  - Medium - Recover, Heated Massage & Wellness
  - High - Holistic Sweat, Manage Weight & Better Sleep
11. 4 eScapes™ Interactive Guided Imagery Sets
  - Fitness Courses • Positive Inspiration
  - Relaxation Images • Weight Management
12. Enriched Air O2 Optional
13. Gemstones Optional
14. 6 Chromolights Optional
15. Music and entertainment while you lay back & enjoy!

